

நியூ ஜெர்சி தமிழர்

New Jersey Thamizhar

அக்டோபர் 2025 செய்திமடல்

NEWSLETTER

☀️ முக்கிய நிகழ்வுகள் மற்றும் செயல்பாடுகள்

🔥 Rettai Kathir Challenge – 45-Day Fitness Drive

The Rettai Kathir Challenge lit up our community's fitness spirit this fall! Members took on a 45-day health journey focused on daily workouts, clean eating, hydration, and consistency – all leading up to Diwali Eve. With leaderboards and polls, this challenge proved that motivation shines brightest when we move together. 💪🌟



📌 EVENT 2: MAGALIR MATTUM – NAVARATRI MAKEUP WORKSHOP

As part of the Magalir Mattum series, our ladies came together during Navaratri for an empowering makeup and self-care session with Aparna. Beyond brushes and blush, it was a rediscovering of confidence – celebrating the beauty and strength of Tamil women. 🌸🌟

🎓 EVENT 4: COLLEGE ADMISSIONS INSIGHTS – PARENT TO PARENT

Navigating college admissions can be daunting, but fellow NJT parent Ganapathi Subramanian made it simpler! In this insightful session, he shared real experiences, practical tips, and lessons learned from guiding his kids to their dream colleges – helping other parents feel confident and prepared for the journey ahead.



🌅 EVENT 3: SUNRISE HIKE AT PLAINSBORO PRESERVE

Members started their Sunday with nature at Plainsboro Preserve! Families and friends walked the scenic 3.1-mile trail, shared stories, and soaked in the calm of an early autumn morning.

The hike brought together wellness, community, and the joy of reconnecting with nature. 🌳👟

Member Spotlight & Community Highlights

Member Spotlight | உறுப்பினர் பெட்டகம்



APARNA

 **HOMETOWN: CHENNAI, TAMIL NADU**

 **PROFESSION: ACCOUNTING AND FINANCE**

 **FAMILY: KARTHIKEYAN (HUSBAND), AADHYANTH (SON 6 YEARS), KRUTHAGNYAA (DAUGHTER 4 YEARS)**

 **HOBBIES: APART FROM RUNNING BEHIND MY TWO ACTIVE TODDLERS, I ENJOY COOKING, TRAVELLING, GARDENING & PAINTING WHICH KEEP ME CREATIVE AND GROUNDED**

Fun fact: I am a professional singer with over 25 years of experience, having performed on many stages and received several awards in music. I have also been a dubbing and voice over artist for UK's local lullaby website, Sun Network-chutti tv and national geographic channel (Tamil).

 **WHAT NJ THAMIZHAR MEANS TO ME & KARTHIK:**

This group has been such an inspiring space where we connected with wonderful people who share the same passion and drive. It truly feels like a community that uplifts each other.

Member's Snippet உறுப்பினர் துணுக்கு

🪔 Diwali Celebration 🪔 தீபாவளி கொண்டாட்டம்



After years of balancing responsibilities — raising children, managing a home, nurturing relationships, relocating to a new country, and struggling to achieve success in a career — I've reached a stage in life where I cherish the beauty of slowing down and celebrating myself. This Diwali felt truly special. It wasn't just about lighting lamps or wearing traditional attire; it was about rekindling the light within. Standing beside a dear friend, Kalai, both of us dressed in vibrant ethnic outfits, we celebrated not just the festival but the journey that brought us here — a journey filled with love, challenges, and countless lessons. As midlife women, we now understand that grace isn't about perfection; it's about embracing who we are — wiser, stronger, and more at peace. The sparkle of the diyas mirrored our renewed spirit, reminding us that it's never too late to rediscover joy, laughter, and tradition. Diwali, for me, has become a reflection of gratitude — for family, friendship, and the courage to shine again with confidence and elegance. Living gracefully now means honoring every phase of life with pride, poise, and light.

Regards,
Saranya Arun Prasad



Young Stars Showcase

இளம் நட்சத்திரங்கள் தளம்

Young Stars Showcase

இளைஞர் படைப்பு



| Featured Artist: Abirathi Karthik, Age 7

| Art Title: Giraffe (doodle art with Giraffe), Anna (Favorite Character painting with oil Pastels), modern art (capturing emotions)

| Giraffe - This cheerful artwork brings a giraffe to life with a burst of imagination. The young artist has filled the giraffe with playful doodles and a rainbow of colors. The result is a happy, magical giraffe that feels like it stepped out of a dream!

| Anna from Frozen - Inspired by her favorite character, the little artist captures Anna's charm, her kind eyes, and her adventurous spirit. You can feel the artist's admiration for Anna in every detail, showing just how much this character means to her.

| Faces of Emotions (Modern Art) - This unique thoughtful and expressive artwork piece explores feelings through creativity. Within a single face, the child has drawn multiple faces, each showing a different emotion.

 Calling All Young Artists & Writers!

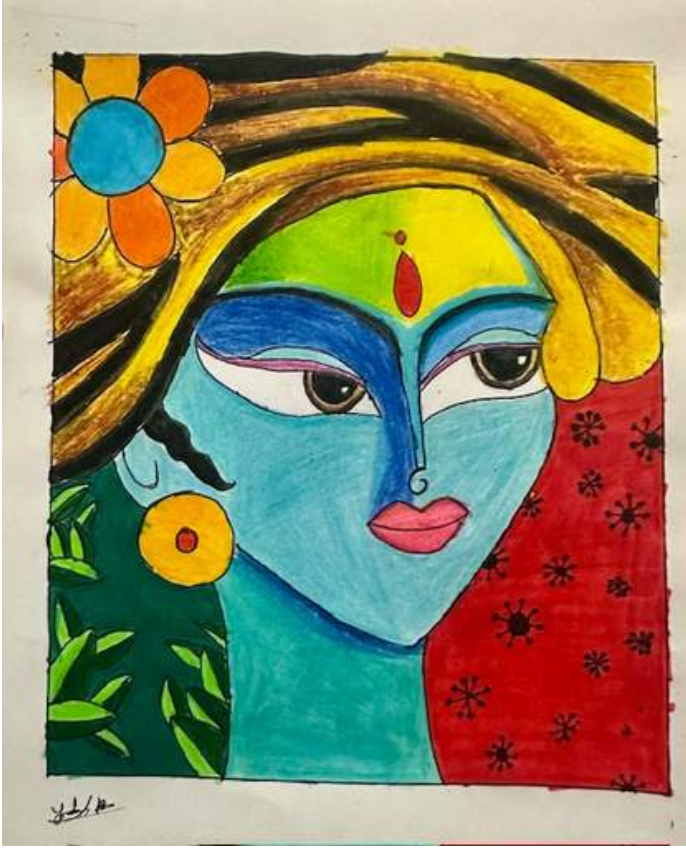
We want to showcase the amazing talents of our young community members! Submit your children's creative works to be featured in our newsletter. (njtnewsletter@gmail.com)

 Art Submissions • Drawings & Paintings • Digital Art & Photography • Crafts & Sculptures • Any creative visual work

 Writing Submissions • Poems (English/Tamil) • Short Stories • Creative Essays • Personal Experiences

🎨 Young Stars Showcase இளம் நட்சத்திரங்கள் தளம்

🎨 Young Stars Showcase 🎨 இளைஞர் படைப்பு



Name: Yukeshwaran Manikandan

Age: 11

Parents' names: Manikandan and
Poorani

Description: Beautiful and colorful
artwork



🏠 Calling All Young Artists & Writers!

We want to showcase the amazing talents of our young community members! Submit your children's creative works to be featured in our newsletter. (njtnewsletter@gmail.com)

🎨 Art Submissions • Drawings & Paintings • Digital Art & Photography • Crafts & Sculptures • Any creative visual work

✍️ Writing Submissions • Poems (English/Tamil) • Short Stories • Creative Essays • Personal Experiences



உங்கள் ஒவ்வொரு பங்கேற்பும் எங்கள் குடும்பத்தை வலுப்படுத்துகிறது. உங்கள் ஆதரவு மற்றும் உற்சாகம் நியூ ஜெர்சி தமிழரை ஒரு செழுமையான குடும்பமாக மாற்றுகிறது.

ஒன்றாக நமது கலாச்சார மரபுகளை பாதுகாத்து, அழகான எதிர்காலத்தை உருவாக்குவோம்.

நன்றி மற்றும் வணக்கங்கள்,
நியூ ஜெர்சி தமிழர்
வாழ்க தமிழ் மற்றும் அமெரிக்க வாழ்க்கை

“தமிழும் அமெரிக்காவும் - இரு உலகின் அழகை ஒன்றாக வாழ்வோம்”

OUR COMMUNITY SPONSORS

RAARIT FINANCIAL SOLUTIONS INC

• SERVICES OFFERED

- LIFE INSURANCE
- RETIREMENT PLANNING
- INVESTMENT DIVERSIFICATION
- TAX OPTIMIZATION
- KEY EMPLOYEE BENEFITS
- BUY-SELL AGREEMENT
- MORTGAGE PROTECTION
- COLLEGE PLANNING
- ESTATE PLANNING (WILL & TRUST)
- BUSINESS INSURANCE
- COLLATERAL ASSIGNMENT

Our Theme:

Reinforce Your Future with Good Financial Planning

Vasudevan Ayyappan Ph.D.

Financial Professional

CONTACT
MOBILE: 848-238-9092
E-MAIL: RAARITFINANCIALSERVICES@GMAIL.COM



Lavanya Boopalam
Realtor

📞 908-510-5084

📞 609-459-5100

✉ realtorlavanya@gmail.com

🏠 KELLER WILLIAMS PREMIER
2355 Route 33 Robbinsville, NJ 08691

Circle of Excellence Platinum 2024
Circle of Excellence Gold 2023
Circle of Excellence Silver Award 2021 & 2022

THANKS TO OUR COMMUNITY SPONSORS WHO SUPPORT NEW JERSEY
THAMIZHAR EVENTS AND ACTIVITIES

OCTOBER 2025 IMPACT

A month of remarkable achievements and community growth

4

Major Events

10+

Active Subgroups

200+

Community Members

100%

Community Building

🌟 நமது சமூக நோக்கம்

"நமது தமிழ் வேர்களை பெருமையுடன் கொண்டாடும் அதே வேளையில், அமெரிக்க கனவுகளை நிறைவேற்றும் ஒரு ஒற்றுமையான சமூகம்"

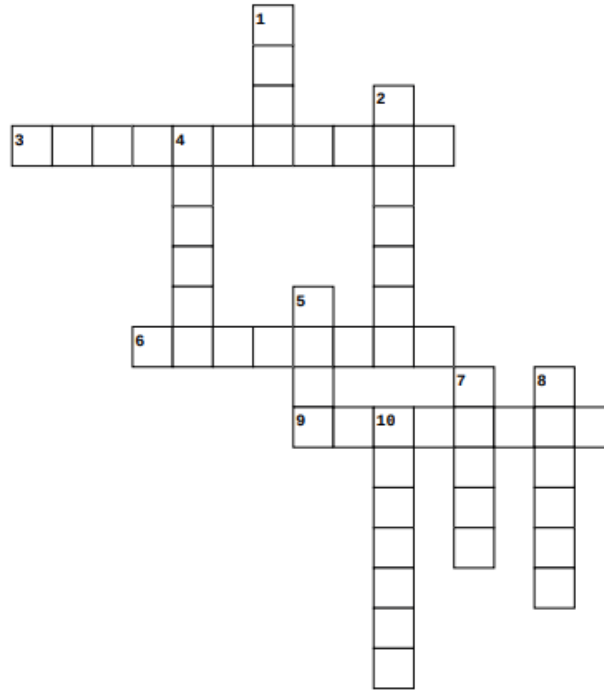
🌍 நமது இலக்குகள்:

- கலாச்சார மரபுகளை அடுத்த தலைமுறைக்கு கொண்டு செல்வது
- குழந்தைகள் முதல் தொழில் வளர்ச்சி வரை ஒவ்வொருவருக்கும் ஆதரவளிப்பது
- சுற்றுச்சூழல் தமிழ் மொழியும் பண்பாட்டையும் கற்றுக்கொள்வது
- சமூக சேவையின் மூலம் நமது அயலாரோடு இணைந்து செயல்படுவது

#NJTAMFAM - கற்றுக்கொள்வோம். பகிர்ந்துகொள்வோம்.
கொண்டாடுவோம். தமிழால் இணைவோம் - ஒன்றுபட்டு உயர்வோம்.

MONTHLY PUZZLE: CROSSWORD

Tamil Popculture (Movies and Songs)



Across

- 3. What is the name of the neighbourhood in Chennai where many film studios are located, which inspired the nickname "Kollywood"?
- 6. First Tamil musician to win an Academy Award (Oscar)
- 9. Tamil movie featuring a robot who falls in love with a human

Down

- 1. Classic Mani Ratnam movie featuring the love story of an army officer and a Kashmiri woman
- 2. "Naan oru thadava sonna, nooru thadava sonna madhiri"
- 4. blockbuster Tamil film featuring hit song "Vaathi Coming"
- 5. Name the Tamil independent artist whose song Enjoy Enjaami became a global hit
- 7. Sethupathi Who is known among fans as "Makkal Selvan"?
- 8. Tamil movie that introduced the viral dialogue "Enna da nadakudhu inga?"
- 10. Sermdha Koottam Movie that the song "Naana Thana" appears

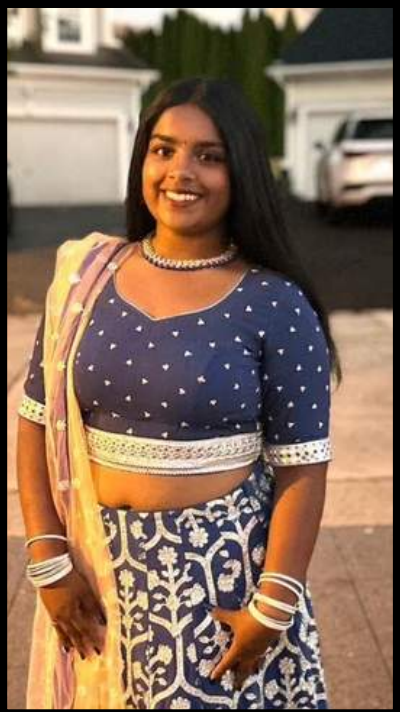
Link to Crossword

<https://tinyurl.com/msvchhn3>

EDITORIAL TEAM



Aashitha Jeyaganesh
10th Grade
Biotechnology High
School



Harini Karthik
10th Grade
Colts Neck High School